

varanda
da **REGUA**
RESTAURANTE PANORÂMICO

M E N U



STARTERS

STARTERS

| | |
|-------------------------------------|-------|
| SMOKED LOMO | 4,50€ |
| SALPICÃO | |
| SMOKED HAM MELON | 5,00€ |
| MELÃO COM PRESUNTO | |
| “ALHEIRA” | 5,00€ |
| “ALHEIRA” (POULTRY MEAT AND BREAD) | |
| MOINTAIN CHEESE | 5,00€ |
| QUEIJO DA SERRA | |
| SMOKED HAM | 4,00€ |
| PRESUNTO | |
| REGIONAL SAUSAGES | 4,00€ |
| ENCHIDOS DA REGIÃO | |
| BRIOCHE MEATLOAF | 1,90€ |
| BOLA CASEIRA | |
| SALT COD CAKES | 0,90€ |
| BOLINHOS DE BACALHAU | |
| RISSÓIS | 0,90€ |
| PASTRY FILLED WITH MEAT/FISH/SHRIMP | |
| MEAT CROQUETES | 0,90€ |
| CROQUETES DE CARNE | |
| OLIVES | 1,40€ |
| AZEITONAS | |

COUVERT

| | |
|-------------------------|-------|
| BREAD | 0,50€ |
| PÃO | |
| BUTTER | 0,90€ |
| MANTEIGA | |
| CREAM CHEESE | 0,90€ |
| QUEIJO CREME | |
| TUNA FISH PÂTÉ | 0,90€ |
| PASTA DE ATUM | |
| SARDINE FISH PÂTÉ | 0,90€ |
| PASTA DE SARDINHA | |

OMELETTES

| | |
|---------------------------|--------|
| MIXED OMELETTE | 9,50€ |
| OMELETE MISTA | |
| SHRIMP OMELETTE | 9,50€ |
| OMELETE DE CAMARÃO | |
| MUSHROOM OMELETTE | 9,50€ |
| OMELETE DE COGUMELOS | |
| CHEESE OMELETTE | 9,50€ |
| OMELETE DE QUEIJO | |
| HAM OMELETTE | 9,00€ |
| OMELETE DE FIAMBRE | |
| SMOKED HAM OMELETTE | 10,00€ |
| OMELETE DE PRESUNTO | |
| PLAIN OMELETTE | 9,00€ |
| OMELETE SIMPLES | |

SOUPS

| | |
|-------------------------------|-------|
| VEGETABLE SOUP | 1,80€ |
| SOPA DE LEGUMES | |
| PORTUGUESE CHICKEN SOUP | 1,80€ |
| SOPA DE GALINHA | |

SALADS 1 Pax

| | |
|-----------------------|--------|
| LETTUCE SALAD | 3,00€ |
| SALADA DE ALFACE | |
| TOMATO SALAD | 3,00€ |
| SALADA DE TOMATE | |
| MIXED SALAD | 4,00€ |
| SALADA MISTA | |
| OCEAN SALAD | 9,50€ |
| SALADA DELÍCIA DO MAR | |
| TUNA SALAD | 10,00€ |
| SALADA DE ATUM | |

MEAT

MEAT DISHES

| | 1/2 Dose | 1 Dose |
|---|-------------|-----------|
| VEAL FILLET VARANDA STYLE POSTA DE VITELA À VARANDA C/ BATATA FRITA OU A MURRO | 16,00€ | -- |
| VEAL FILLET VARANDA STYLE SERVED WITH FRENCH FRIES AND SALAD NACO NA PEDRA C/ BATATA FRITA OU A MURRO | -- | 32,00€ |
| OVEN ROASTED GOAT WITH ROASTED POTATOS, RICE AND VEGETABLES CABRITO ASSADO NO FORNO C/ BATATA ASSADA E ARROZ | 17,00€ | 31,00€ |
| OVEN ROASTED LAMB WITH ROASTED POTATOS, RICE AND VEGETABLES ANHO ASSADO NO FORNO C/ BATATA FRITA | 15,50€ | 29,00€ |
| BREAD TURKEY FILLETS WITH FRENCH FRIES AND SALAD BIFINHOS DE PERÚ PANADOS | 13,00€ | -- |
| OVEN ROASTED VEAL WITH ROASTED POTATOS, RICE AND VEGETABLES VITELA ASSADA C/ BATATA ASSADA E ARROZ | 12,00€ | -- |
| GRILLED VEAL CHOP WITH FRENCH FRIES, RICE AND VEGETABLES COSTELETA DE VITELA GRELHADA C/ BATATA FRITA | 16,00€ | -- |
| GRILLED VEAL CHOP WITH FRIED POTATOES, RICE AND VEGETABLES COSTELETA DE VITELA GRELHADA C/ BATATA À MURRO | -- | 28,00€ |
| SMALL VEAL FILLETS WITH MUSHROOMS AND FRENCH FRIES LOMBINHOS DE VITELA C/ CHAMPIGNON E BATATA FRITA | 18,00€ | 35,00€ |
| CHATEAUBRIAND CHATEAUBRIAND C/ BATATA FRITA | -- | 35,00€ |
| HOMEMADE CORDON BLEU CORDON BLEU C/ BATATA FRITA | -- | 18,00€ |
| VEAL STEAK HOUSE WITH FRENCH FRIES BIFE À CHEF C/ BATATA FRITA | 15,00€ | -- |
| “PICANHA” WITH BLACK BEANS (TRADITIONAL BRAZILIAN DISH) PICANHA C/ FEIJÃO PRETO, BATATA FRITA E ARROZ | 17,00€ | 32,00€ |
| MEAT FRIED IN A WHITE WINE SAUCE WITH FRENCH FRIES FÉVERAS DE PORCO EMBRIAGADAS C/ BATATA FRITA | 11,00€ | 20,00€ |
| MEAT FRIED IN A WHITE WINE SAUCE WITH FRENCH FRIES FÉVERAS DE PORCO À PADRE PIEDADE C/ BATATA FRITA | 11,00€ | 20,00€ |
| PORK FROM ALENTEJO VARANDA STYLE CARNE DE PORCO À ALENTEJANO À VARANDA C/ BATATA FRITA | 10,80€ | 18,00€ |
| PORK ENTRECOTE VARANDA STYLE WITH POTATOES AND VEGETABLES ENTRECOSTO DE PORCO À VARANDA C/ BATATA FRITA | 10,50€ | 18,00€ |

MEAT

MEAT DISHES

| | 1/2 Dose | 1 Dose |
|---|-------------|-----------|
| BREAD PORK TENDERLOINS FRIED WITH FRENCH FRIES PANADOS DE PORCO C/ BATATA FRITA | 11,00€ | -- |
| IBERIAN SECRETS OF BLACK PIG WITH FRENCH FRIES SECRETOS DE PORCO PRETO C/ BATATA FRITA | 14,00€ | -- |
| SMAL VEAL STEAKS IN A CASSEROLE BIFINHOS DE VITELA NA CAÇAROLA | 16,50€ | -- |
| BOLOGNESE PASTA MASSA À BOLONHESA | 10,80€ | -- |
| BITOQUE - FRIED MEAT WITH FRIED EGG, RICE AND FRENCH FRIES BITOQUE À CASA | 12,00€ | -- |
| GRILLED MEDALLION WITH BOILED POTATOES MEDALHÃO GRELHADO | 18,00€ | -- |
| MEAT SKEWER WITH SHRIMP, SERVED WITH FRECH FRIES ESPETADA DE CARNE C/ GAMBAS | 18,00€ | -- |
| TOMAHAWK | -- | 55,00€ |

FISH

FISH DISHES

| | 1/2 Dose | 1 Dose |
|---|-------------|-----------|
| CODFISH VARANDA STYLE WITH OVEN ROASTED APPLES BACALHAU À VARANDA | 16,50€ | -- |
| CODFISH CHEF STYLE WITH FRIED POTATOES BACALHAU À CHEFE | 16,50€ | -- |
| BAKED CODFISH WITH SMASHED POTATOES BACALHAU C/ BROA E BATATA À MURRO | 16,50€ | -- |
| BAKED CODFISH "ZÉ DO PIPO" STYLE BACALHAU À ZÉ DO PIPO C/ PURÉ | 16,50€ | -- |
| WOOD-GRILLED CODFISH WITH ROASTED POTATOES BACALHAU ASSADO NA BRASA C/ BATATA À MURRO | 16,50€ | -- |
| OCTOPUS VARANDA STYLE WITH SMASHED POTATOES POLVO À VARANDA P/ 2 PESSOAS | -- | 33,00€ |
| GRILLED OCTOPUS WITH ROASTED POTATOES POLVO GRELHADO C/ BATATA À MURRO | 19,00€ | 38,00€ |
| BREADED OCTOPUS FILLETS WITH SMASHED POTATOES FILETES DE POLVO C/ BATATA FRITA | 19,00€ | 36,00€ |
| OCTOPUS AÇORDA (BREAD STEW) AÇORDA DE POLVO | 20,00€ | -- |
| FRIED TROUT WITH SMOKED COUNTRY HAM WITH BOILED POTATOES TRUTA RECHEADA C/ PRESUNTO E BATATA COZIDA | 14,00€ | -- |
| BREADED SOLE FILLETS WITH FRIED POTATOES FILETES DE LINGUADO C/ BATATA FRITA | 13,00€ | -- |
| GRILLED SALMON WITH BOILED POTATOES AND VEGETABLES SALMÃO GRELHADO C/ BATATA COZIDA | 15,00€ | -- |
| SEAFOOD RICE (RISOTTO) ARROZ DE MARISCO | 20,80€ | -- |
| MONKFISH RICE (RISOTTO) ARROZ DE TAMBORIL | 18,00€ | -- |
| GRILLED SEA BREAM WITH BOILED POTATOES AND VEGETABLES DOURADA GRELADA C/ BATATA COZIDA | 14,00€ | -- |
| GRILLED SEA BASS WITH BOILED POTATOES AND VEGETABLES ROBALO GRELHADO C/ BATATA COZIDA | 14,00€ | -- |

DESSERTS

DESSERTS

| | |
|---|-------|
| CRÈME BRUÉE LEITE CREME | 3,20€ |
| CHOCOLATE MOUSSE MOUSSE DE CHOCOLATE | 3,20€ |
| FOUR FLAVOURS QUATRO SABORES | 4,00€ |
| PUDING HOUSE PUDIM CASEIRO | 3,20€ |
| COOKIE CAKE BOLO DE BOLACHA | 3,50€ |
| BOLO SÃO MARCOS BOLO SÃO MARCOS | 4,00€ |
| VALHA-ME DEUS VALHA-ME DEUS | 4,00€ |
| HOUSE DELIGHT DELÍCIA DA CASA | 3,50€ |
| DOCINHO DE AMOR DOCINHO DO AMOR | 4,00€ |
| PANNA COTTA PANNA COTTA | 3,50€ |
| CHOCOLATE CAKE BOLO DE CHOCOLATE | 4,00€ |
| TOUCINHO DO CÉU TOUCINHO DO CÉU | 4,00€ |
| PUDING ABADE PRISCO PUDIM ABADE PRISCO | 4,00€ |
| PUDING MADRE PAULA PUDIM MADRE PAULA | 4,00€ |
| PÃO DE LÓ HÚMIDO PÃO DE LÓ HÚMIDO | 4,00€ |
| CAMEL BABA BABA DE CAMELO | 3,50€ |
| STRAWBERRY DELIGHT DELÍCIA DE MORANGO | 3,50€ |
| TIRAMISU HOUSE TIRAMISU DA CASA | 3,50€ |
| NATAS DO CÉU NATAS DO CÉU | 3,50€ |
| GELATIN GELATINA | 2,00€ |
| ICE CREAM HOUSE GELADO DA CASA | 3,50€ |
| PUDING MOLOTOF MOLOTOF | 3,50€ |

SEASONAL FRUITS

| | |
|---|-------|
| SALADE DE FRUIT SALADA DE FRUTA | 3,00€ |
| PLAIN PINEAPPLE ANANÁS NATURAL | 3,50€ |
| APPLE MAÇA | 1,80€ |
| KIWI KIWI | 1,80€ |
| ORANGE LARANJA | 1,80€ |
| MELON MELÃO | 3,20€ |
| MANGO MANGA | 3,80€ |
| PAPAYA PAPAIA | 3,50€ |
| ROAST APPLE MAÇA ASSADA | 2,50€ |
| APPLE "ESCONDIDA" MAÇA ESCONDIDA | 3,50€ |
| GRAPES UVAS | 2,80€ |
| WATERMELON MELANCIA | 2,80€ |
| BANANA BANANA | 1,80€ |
| STRAWBERRIES PLAIN MORANGOS SIMPLES | 3,20€ |
| STRAWBERRIES CHANTILLY MORANGOS C/ CHANTILLY | 3,50€ |

A photograph of a restaurant interior, likely a dining room or terrace. The room features several round tables covered with white tablecloths, surrounded by dark wooden chairs. In the foreground, a table is set with a decorative centerpiece of fruit and bread. Large windows in the background are covered with light-colored curtains, allowing natural light to fill the space. The overall atmosphere is clean and professional.

varanda
da REGUA
RESTAURANTE PANORÁMICO