

varanda
da **REGUA**
RESTAURANTE PANORÂMICO

M E N U



STARTERS

STARTERS

SMOKED LOMO SALPICÃO	4,50€
SMOKED HAM MELON MELÃO COM PRESUNTO	5,00€
“ALHEIRA” “ALHEIRA” (POULTRY MEAT AND BREAD)	5,00€
MOINTAIN CHEESE QUEIJO DA SERRA	5,00€
SMOKED HAM PRESUNTO	4,00€
REGIONAL SAUSAGES ENCHIDOS DA REGIÃO	4,00€
BRIOCHE MEATLOAF BOLA CASEIRA	1,90€
SALT COD CAKES BOLINHOS DE BACALHAU	0,90€
RISSÓIS PASTRY FILLED WITH MEAT/FISH/SHRIMP	0,90€
MEAT CROQUETES CROQUETES DE CARNE	0,90€
OLIVES AZEITONAS	1,40€

COUVERT

BREAD PÃO	0,50€
BUTTER MANTEIGA	0,90€
CREAM CHEESE QUEIJO CREME	0,90€
TUNA FISH PÂTÉ PASTA DE ATUM	0,90€
SARDINE FISH PÂTÉ PASTA DE SARDINHA	0,90€

OMELETTES

MIXED OMELETTE OMELETE MISTA	9,50€
SHRIMP OMELETTE OMELETE DE CAMARÃO	9,50€
MUSHROOM OMELETTE OMELETE DE COGUMELOS	9,50€
CHEESE OMELETTE OMELETE DE QUEIJO	9,50€
HAM OMELETTE OMELETE DE FIAMBRE	9,00€
SMOKED HAM OMELETTE OMELETE DE PRESUNTO	10,00€
PLAIN OMELETTE OMELETE SIMPLES	9,00€

SOUPS

VEGETABLE SOUP SOPA DE LEGUMES	1,80€
PORTUGUESE CHICKEN SOUP SOPA DE GALINHA	1,80€

SALADS 1 Pax

LETTUCE SALAD SALADA DE ALFACE	3,00€
TOMATO SALAD SALADA DE TOMATE	3,00€
MIXED SALAD SALADA MISTA	4,00€
OCEAN SALAD SALADA DELÍCIA DO MAR	9,50€
TUNA SALAD SALADA DE ATUM	10,00€

MEAT

MEAT DISHES

	1/2 Dose	—	1 Dose
VEAL FILLET VARANDA STYLE POSTA DE VITELA À VARANDA C/ BATATA FRITA OU A MURRO	14,50€	—	--
VEAL FILLET VARANDA STYLE SERVED WITH FRENCH FRIES AND SALAD NACO NA PEDRA C/ BATATA FRITA OU A MURRO	--	—	30,00€
OVEN ROASTED GOAT WITH ROASTED POTATOS, RICE AND VEGETABLES CABRITO ASSADO NO FORNO C/ BATATA ASSADA E ARROZ	15,50€	—	29,00€
OVEN ROASTED LAMB WITH ROASTED POTATOS, RICE AND VEGETABLES ANHO ASSADO NO FORNO C/ BATATA FRITA	15,50€	—	29,00€
BREAD TURKEY FILLETS WITH FRENCH FRIES AND SALAD BIFINHOS DE PERÚ PANADOS	12,80€	—	--
OVEN ROASTED VEAL WITH ROASTED POTATOS, RICE AND VEGETABLES VITELA ASSADA C/ BATATA ASSADA E ARROZ	10,80€	—	16,00€
GRILLED VEAL CHOP WITH FRENCH FRIES, RICE AND VEGETABLES COSTELETA DE VITELA GRELHADA C/ BATATA FRITA	15,00€	—	--
GRILLED VEAL CHOP WITH FRIED POTATOES, RICE AND VEGETABLES COSTELETA DE VITELA GRELHADA C/ BATATA À MURRO	--	—	28,00€
SMALL VEAL FILLETS WITH MUSHROOMS AND FRENCH FRIES LOMBINHOS DE VITELA C/ CHAMPIGNON E BATATA FRITA	15,00€	—	29,00€
CHATEAUBRIAND CHATEAUBRIAND C/ BATATA FRITA	--	—	29,00€
HOMEMADE CORDON BLEU CORDON BLEU C/ BATATA FRITA	--	—	18,00€
VEAL STEAK HOUSE WITH FRENCH FRIES BIFE À CHEF C/ BATATA FRITA	13,00€	—	--
“PICANHA” WITH BLACK BEANS (TRADITIONAL BRAZILIAN DISH) PICANHA C/ FEIJÃO PRETO, BATATA FRITA E ARROZ	15,50€	—	30,00€
MEAT FRIED IN A WHITE WINE SAUCE WITH FRENCH FRIES FÉVERAS DE PORCO EMBRIAGADAS C/ BATATA FRITA	9,80€	—	18,00€
MEAT FRIED IN A WHITE WINE SAUCE WITH FRENCH FRIES FÉVERAS DE PORCO À PADRE PIEDADE C/ BATATA FRITA	9,80€	—	18,00€
PORK FROM ALENTEJO VARANDA STYLE CARNE DE PORCO À ALENTEJANO À VARANDA C/ BATATA FRITA	10,80€	—	18,00€
PORK ENTRECOTE VARANDA STYLE WITH POTATOES AND VEGETABLES ENTRECOSTO DE PORCO À VARANDA C/ BATATA FRITA	10,50€	—	18,00€

MEAT

MEAT DISHES

	1/2 Dose	1 Dose
BREAD PORK TENDERLOINS FRIED WITH FRENCH FRIES PANADOS DE PORCO C/ BATATA FRITA	9,00€	--
IBERIAN SECRETS OF BLACK PIG WITH FRENCH FRIES SECRETOS DE PORCO PRETO C/ BATATA FRITA	12,50€	23,00€
SMAL VEAL STEAKS IN A CASSEROLE BIFINHOS DE VITELA NA CAÇAROLA	13,00€	--
BOLOGNESE PASTA MASSA À BOLONHESA	9,80€	--
BITOQUE - FRIED MEAT WITH FRIED EGG, RICE AND FRENCH FRIES BITOQUE À CASA	10,00€	--
GRILLED MEDALLION WITH BOILED POTATOES MEDALHÃO GRELHADO	14,50€	--
MEAT SKEWER WITH SHRIMP, SERVED WITH FRECH FRIES ESPETADA DE CARNE C/ GAMBAS	16,50€	--
TOMAHAWK	--	55,00€

FISH

FISH DISHES

	1/2 Dose	1 Dose
CODFISH VARANDA STYLE WITH OVEN ROASTED APPLES BACALHAU À VARANDA	14,50€	28,00€
CODFISH CHEF STYLE WITH FRIED POTATOES BACALHAU À CHEFE	14,50€	28,00€
BAKED CODFISH WITH SMASHED POTATOES BACALHAU C/ BROA E BATATA À MURRO	14,50€	28,00€
BAKED CODFISH "ZÉ DO PIPO" STYLE BACALHAU À ZÉ DO PIPO C/ PURÉ	15,00€	28,00€
WOOD-GRILLED CODFISH WITH ROASTED POTATOES BACALHAU ASSADO NA BRASA C/ BATATA À MURRO	14,50€	28,00€
OCTOPUS VARANDA STYLE WITH SMASHED POTATOES POLVO À VARANDA P/ 2 PESSOAS	--	33,00€
GRILLED OCTOPUS WITH ROASTED POTATOES POLVO GRELHADO C/ BATATA À MURRO	19,00€	38,00€
BREADED OCTOPUS FILLETS WITH SMASHED POTATOES FILETES DE POLVO C/ BATATA FRITA	19,00€	36,00€
OCTOPUS AÇORDA (BREAD STEW) AÇORDA DE POLVO	20,00€	--
FRIED TROUT WITH SMOKED COUNTRY HAM WITH BOILED POTATOES TRUTA RECHEADA C/ PRESUNTO E BATATA COZIDA	14,00€	--
BREADED SOLE FILLETS WITH FRIED POTATOES FILETES DE LINGUADO C/ BATATA FRITA	13,00€	--
GRILLED SALMON WITH BOILED POTATOES AND VEGETABLES SALMÃO GRELHADO C/ BATATA COZIDA	13,00€	--
SEAFOOD RICE (RISOTTO) ARROZ DE MARISCO	20,80€	--
MONKFISH RICE (RISOTTO) ARROZ DE TAMBORIL	18,00€	--
GRILLED SEA BREAM WITH BOILED POTATOES AND VEGETABLES DOURADA GRELADA C/ BATATA COZIDA	14,00€	--
GRILLED SEA BASS WITH BOILED POTATOES AND VEGETABLES ROBALO GRELHADO C/ BATATA COZIDA	14,00€	--

DESSERTS

DESSERTS

CRÈME BRUÉE LEITE CREME	3,20€
CHOCOLATE MOUSSE MOUSSE DE CHOCOLATE	3,20€
FOUR FLAVOURS QUATRO SABORES	4,00€
PUDING HOUSE PUDIM CASEIRO	3,20€
COOKIE CAKE BOLO DE BOLACHA	3,50€
BOLO SÃO MARCOS BOLO SÃO MARCOS	4,00€
VALHA-ME DEUS VALHA-ME DEUS	4,00€
HOUSE DELIGHT DELÍCIA DA CASA	3,50€
DOCINHO DE AMOR DOCINHO DO AMOR	4,00€
PANNA COTTA PANNA COTTA	3,50€
CHOCOLATE CAKE BOLO DE CHOCOLATE	4,00€
TOUCINHO DO CÉU TOUCINHO DO CÉU	4,00€
PUDING ABADE PRISCO PUDIM ABADE PRISCO	4,00€
PUDING MADRE PAULA PUDIM MADRE PAULA	4,00€
PÃO DE LÓ HÚMIDO PÃO DE LÓ HÚMIDO	4,00€
CAMEL BABA BABA DE CAMELO	3,50€
STRAWBERRY DELIGHT DELÍCIA DE MORANGO	3,50€
TIRAMISU HOUSE TIRAMISU DA CASA	3,50€
NATAS DO CÉU NATAS DO CÉU	3,50€
GELATIN GELATINA	2,00€
ICE CREAM HOUSE GELADO DA CASA	3,50€
PUDING MOLOTOF MOLOTOF	3,50€

SEASONAL FRUITS

SALADE DE FRUIT SALADA DE FRUTA	3,00€
PLAIN PINEAPPLE ANANÁS NATURAL	3,50€
APPLE MAÇA	1,80€
KIWI KIWI	1,80€
ORANGE LARANJA	1,80€
MELON MELÃO	3,20€
MANGO MANGA	3,80€
PAPAYA PAPAIA	3,50€
ROAST APPLE MAÇA ASSADA	2,50€
APPLE "ESCONDIDA" MAÇA ESCONDIDA	3,50€
GRAPES UVAS	2,80€
WATERMELON MELANCIA	2,80€
BANANA BANANA	1,80€
STRAWBERRIES PLAIN MORANGOS SIMPLES	3,20€
STRAWBERRIES CHANTILLY MORANGOS C/ CHANTILLY	3,50€

A photograph of a restaurant interior, likely a dining room or terrace. The room features several round tables covered with white tablecloths, surrounded by dark wooden chairs. In the foreground, a table is set with a decorative centerpiece of fruit and bread. Large windows in the background are covered with light-colored curtains, allowing natural light into the space. The overall atmosphere is clean and bright.

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